

# Golden Turmeric™

Product Size: 1.38 oz. (39 g) Item No.: 39386



Dietary

Golden Turmeric is a delicious mango rose drink that combines the benefits of high-quality turmeric and prebiotics to support your body's natural response to inflammation, immune response, joint health, mobility, and recovery after exercise. Drinking one glass can support healthy digestion as well as your gut-brain axis. Golden Turmeric's unique, water-dispersible formula makes it 24 times more bioavailable than standard turmeric extracts. It absorbs quickly and easily, so you can enjoy the full benefits of turmeric and relax, restore, and recover.\*

## FEATURES & BENEFITS

- Supports the body's natural response to inflammation, immune response, joint health, mobility, and recovery after physical exertion\*
- 24 times more bioavailable than standard turmeric extract\*
- Your body absorbs the same amount of curcuminoids from just 300 mg of Golden Turmeric as it does from 1,926 mg of standard turmeric\*
- Contains prebiotics to support healthy digestion as well as the gut-brain axis\*
- Turmeric contains naturally occurring actives, such as curcuminoids, that help support joint mobility.

## KEY INGREDIENTS

**Turmeric extract (*Curcuma longa*):** Turmeric contains naturally occurring actives such as curcuminoids to help support the wellness properties in our bodies.\*

**Boswellia (*Boswellia serrata*) resin extract:** Commonly known as Indian Frankincense, this resin has a long history of internal use in Indian herbal medicine.\*

**Ginger (*Zingiber officinale*) root extract:** Ginger is a world-renowned spice that has been used in Southeast Asia for thousands of years.\*

**Tapioca Fiber:** Tapioca fiber is a prebiotic that supports healthy digestion as well as the gut brain-axis.\*

**Lime Vitality™ essential oil (*Citrus aurantifolia*):** This favorite Vitality citrus oil contributes a light and uplifting quality and a citrus taste to Golden Turmeric.\*

## SUGGESTED USAGE

- Mix ½ teaspoon in 6–8 ounces of water, juice, or milk of choice once daily
- Drink at nighttime as part of your wind-down routine
- Combine with water, ice, 1 drop of Cardamom Vitality™ essential oil, and 2 ounces of NingXia Red® for a delicious wellness drink
- Steep Spiced Turmeric Vitality™ Tea and add ½ teaspoon of Golden Turmeric for a cozy nighttime drink.

# Golden Turmeric

## DIRECTIONS

Mix ½ teaspoon in 6–8 ounces of water, juice, or milk of choice once daily.

## SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

## INGREDIENTS

Soluble tapioca fiber, Turmeric (*Curcuma longa*) rhizome extract, Boswellia (*Boswellia serrata*) resin extract, Stevia (*Stevia rebaudiana*) leaf extract, Natural mango flavor, Ginger (*Zingiber officinale*) root extract, Natural Moroccan rose flavor, Lime (*Citrus aurantifolia*)† peel essential oil

†Premium essential oil

## DISCLAIMER

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.



SCAN TO LEARN MORE

## YOU MAY ALSO LIKE



NingXia Red  
2pk  
Item No. 3042



Cardamom  
Essential Oil  
Item No. 5634



Nature's Ultra  
Calm CBD Roll-On  
Item No. 28482



Spiced Turmeric  
Herbal Tea Set  
Item No. 32207

